



Vinaigrette Dressing



Ingredients



- 1/2 cup olive oil
- 1/4 cup apple cider vinegar
- 1/4 cup white wine vinegar
- 2 Tbsp. maple syrup
- 1 Tbsp. Dijon mustard
- 1 1/2 Tbsp. minced onion
- 1/4 tsp. salt
- 1/4 tsp. black pepper

Yield: 10 servings
Serving Size: 2 Tbsp.



Directions



1. Pour all ingredients in a bowl and whisk to combine.

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



Vinaigrette Dressing



Ingredients



- 1/2 cup olive oil
- 1/4 cup apple cider vinegar
- 1/4 cup white wine vinegar
- 2 Tbsp. maple syrup
- 1 Tbsp. Dijon mustard
- 1 1/2 Tbsp. minced onion
- 1/4 tsp. salt
- 1/4 tsp. black pepper

Yield: 10 servings
Serving Size: 2 Tbsp.



Directions



1. Pour all ingredients in a bowl and whisk to combine.

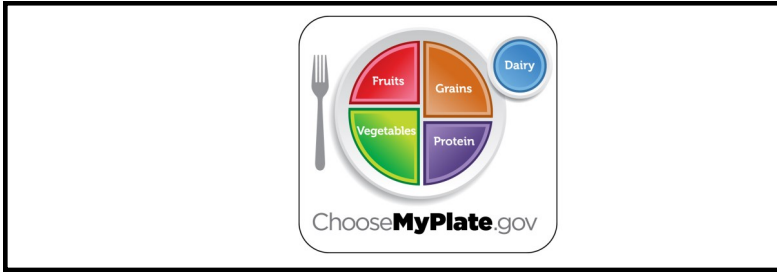
Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



Fast Facts



Featured Food Groups



Cooking Tips

- Add other herbs or spices to taste.

Nutrition Facts



| Nutrition Facts | |
|---|----------------------|
| 10 servings per container | |
| Serving size | 2 Tablespoons |
| Amount Per Serving | |
| Calories | 200 |
| <small>% Daily Value*</small> | |
| Total Fat 22g | 28% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |
| Polyunsaturated Fat 2g | |
| Monounsaturated Fat 16g | |
| Cholesterol 0mg | 0% |
| Sodium 75mg | 3% |
| Total Carbohydrate 3g | 1% |
| Dietary Fiber 0g | 0% |
| Total Sugars 3g | |
| Includes 3g Added Sugars | 6% |
| Protein 0g | 0% |
| Vitamin D 0mcg | 0% |
| Calcium 13mg | 0% |
| Iron 0.18mg | 0% |
| Potassium 0mg | 0% |
| <small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |

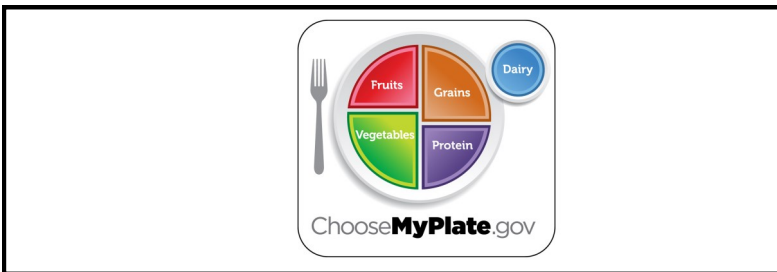
Second Harvest is an equal opportunity provider.



Fast Facts



Featured Food Groups



Cooking Tips

- Add other herbs or spices to taste.

Nutrition Facts



| Nutrition Facts | |
|---|----------------------|
| 10 servings per container | |
| Serving size | 2 Tablespoons |
| Amount Per Serving | |
| Calories | 200 |
| <small>% Daily Value*</small> | |
| Total Fat 22g | 28% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |
| Polyunsaturated Fat 2g | |
| Monounsaturated Fat 16g | |
| Cholesterol 0mg | 0% |
| Sodium 75mg | 3% |
| Total Carbohydrate 3g | 1% |
| Dietary Fiber 0g | 0% |
| Total Sugars 3g | |
| Includes 3g Added Sugars | 6% |
| Protein 0g | 0% |
| Vitamin D 0mcg | 0% |
| Calcium 13mg | 0% |
| Iron 0.18mg | 0% |
| Potassium 0mg | 0% |
| <small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |

Second Harvest is an equal opportunity provider.