

Vinaigrette Dressing



Ingredients



- 1/2 cup olive oil
- 1/4 cup apple cider vinegar
- 1/4 cup white wine vinegar
- 2 Tbsp. maple syrup
- 1 Tbsp. Dijon mustard

- 1 1/2 Tbsp. minced onion
- 1/4 tsp. salt
- 1/4 tsp. black pepper

Yield: 10 servings Serving Size: 2 Tbsp.



Directions



1. Pour all ingredients in a bowl and whisk to combine.

Total Cost: \$1.78 Cost per Serving: \$0.18

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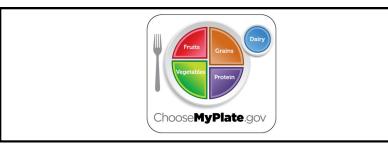
Fast Facts





Featured Food Groups





Cooking Tips

Add other herbs or spices to taste.

Nutrition Facts



Sodium 75mg 3% Total Carbohydrate 3g 1% Dietary Fiber 0g Total Sugars 3g 6% Includes 3g Added Sugars Protein 0g Vitamin D 0mcg 0% Calcium 13mg 0% Iron 0.18mg 0% Potassium 0mg 0%

Cholesterol 0mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Second Harvest is an equal opportunity provider.

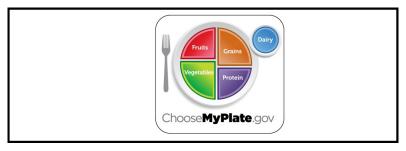


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Nutrition Facts (



Serving size 2 Table	espoons
Amount Per Serving	200
Calories	200
,	% Daily Value
Total Fat 22g	28%
Saturated Fat 3g	15%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 16g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 3g	19
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 3g Added Sugars	69
Protein 0g	0%
Vitamin D 0mcg	09
Calcium 13mg	09
Iron 0.18mg	09
Potassium 0mg	09