



Veggie Faces

Adapted from *Cooking Matters in Your Community*



Ingredients



- | | |
|--|---|
| <ul style="list-style-type: none"> • Paper plates • Cream cheese with herbs • A variety of colorful veggies | <p>Supplies:</p> <ul style="list-style-type: none"> • Knives to cut veggies |
|--|---|



Directions



- | |
|---|
| <ol style="list-style-type: none"> 1. Mix the cream cheese with dill weed and a little milk. 2. Cover the paper plate with the mix-this will hold the veggies in place. 3. Clean the veggies and let the class choose the ones that want-this lets them be creative. 4. Have fun. |
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Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



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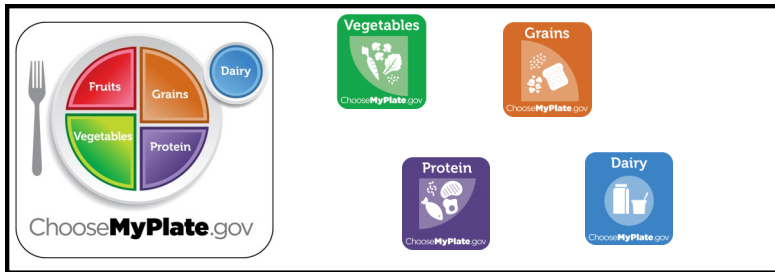
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Fast Facts



Featured Food Groups



Cooking Tips

- Try a variety of colors to eat the rainbow!
- Sauces or spreads can be used to add detail.
- Add accessories to your face, like a hat, earrings, or sunglasses.



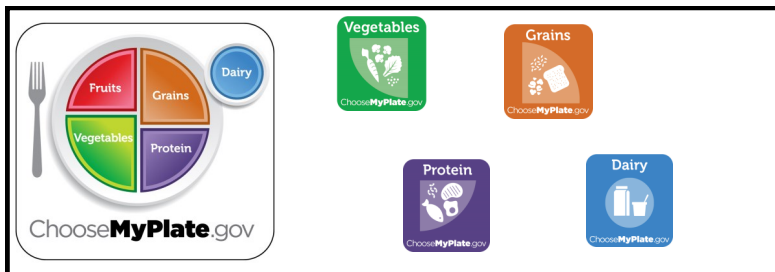
Second Harvest is an equal opportunity provider.



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