



The Kitchen at Second Harvest Sugar Cookie Popcorn try at home recipe

Recipe modified from Tom's Turkey Drive

flip to learn more!



Ingredients

- 1 recipe Popcorn
- 2 tbsp butter, melted
- 1/2 tsp vanilla extract
- 1/2 tsp almond extract
- 1 1/2 cup chocolate chips or candy melts, melted
- Salt to taste

Yield: 10-12 servings

Serving Size: 1 cups



Directions

1. Pop popcorn and remove un-popped kernels.
2. Mix together melted butter, vanilla extract, and almond extract.
3. Drizzle over popcorn and stir to coat popcorn evenly.
4. Lightly salt popcorn to taste.
5. Melt chocolate chips or candy melts.
6. Gradually drizzle melted chocolate over popcorn, stirring to coat evenly.
7. Add sprinkles and allow popcorn to sit until the melted chocolate is set.

Find more recipes, free classes,
and ways to get involved!



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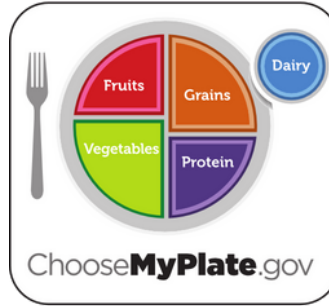



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Featured Food Groups

The benefits of healthy eating add up over time, bite by bite. Small changes matter. Start Simple with MyPlate.

A healthy eating routine is important at every stage of life. It can have positive effects that add up over time. It's important to eat a variety of fruits, vegetables, grains, protein foods, and dairy or fortified alternatives. When deciding what to eat or drink, choose options that are full of nutrients. Make every bite count.



 Foods made from wheat, rice, oats, cornmeal, barley, or another cereal grain is a **grain** product. Bread, pasta, breakfast cereals, grits, and tortillas are examples of grain products. Foods such as popcorn, rice, and oatmeal are also included in the Grains Group.

Cooking Tips

- Drizzle chocolate and sprinkles while popcorn is spread out on a sheet pan or cutting board to evenly distribute the toppings.

Second Harvest is an equal opportunity provider.



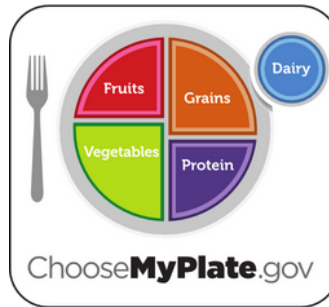
Nutrition Facts


Nutrition Facts	
Serving size	1 cup
Amount Per Serving	
Calories	80
<small>% Daily Value*</small>	
Total Fat 4g	5%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol < 5mg	1%
Sodium 25mg	1%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 1g	2%
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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