



Sugar Cookie Bars



Ingredients



Adapted from *Chocolate Covered Katie*

- 2 1/2 cups oats
- 1/2 tsp. baking powder
- 3/4 tsp. baking soda
- 1/4 tsp. salt
- 1/2 cup sugar
- 1 tsp. vanilla
- 3 Tbsp. milk
- 1/2 cup vegetable or coconut oil



Directions



Yield: 16 bars Serving size: 1 bar

Total cost: \$2.24 Serving cost: \$0.24

1. Preheat oven to 325°F.
2. Add oats to blender or food processor and blend until flour forms.
3. In a medium bowl, combine oat flour, baking powder, baking soda, salt, and sugar. Mix until combined.
4. In a separate bowl, mix vanilla, milk, and sugar together. Pour wet into dry. Mix until well incorporated.
5. Evenly spread mixture into an 8 x 8 pan and bake 13 minutes.
6. Let cool completely before frosting and cutting.

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



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Fast Facts



Featured Food Groups



Cooking Tips



- Add sprinkles to dough before baking for funfetti sugar cookies.
- Decorate with frosting before cutting.
- Place bars in fridge or freezer for faster cooling.

Nutrition Facts

16 servings per container	
Serving size	1 bar
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1.2g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 2g	4%
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0.54mg	4%
Potassium 47mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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