



# Peanut Sauce

Adapted from *EatFresh.org*



## Ingredients



1 cup Peanut Butter creamy	1 tablespoon Chili Garlic Sauce
2 tablespoons Tamari low-sodium or 2 tablespoons Soy Sauce low-sodium	4 tablespoons Lime Juice
2 tablespoons Agave Syrup	1/2 cup Water



## Directions



Yield: 10 servings Serving size: 2 Tablespoons

1. Combine ingredients in a saucepan over low-medium heat.
2. Stir mixture well and heat until warm.
3. Taste for salt and acidity – add more lime and/or tamari to adjust. Thin with water as needed to reach desired consistency.

Visit [secondharvestkitchen.org](http://secondharvestkitchen.org) to find more recipes, free classes, and ways to get involved!



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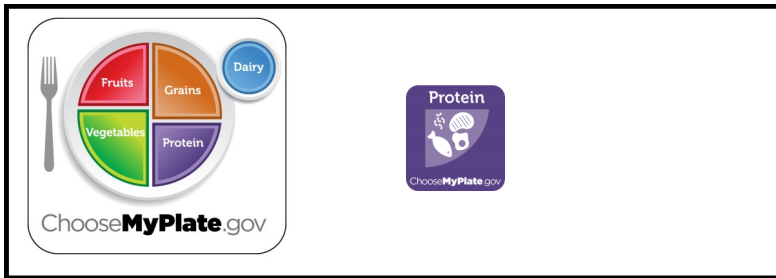
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# Fast Facts



## Featured Food Groups



## Cooking Tips

- Delicious as a dipping Sauce for veggies.
- Honey or other sweetener can be substituted for the agave syrup.

Nutrition Facts	
Serving Size 2.00 tbsp	
Serving Per Container 12	
Amount Per Serving	
<b>Calories 140</b>	
	% Daily Value*
<b>Total Fat 11 g</b>	<b>14%</b>
Saturated Fat 2 g	10%
<b>Sodium 200 mg</b>	<b>9%</b>
<b>Total Carbohydrate 8 g</b>	<b>3%</b>
Dietary Fiber 1 g	4%
Sugars 2 g	
<b>Protein 5 g</b>	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	

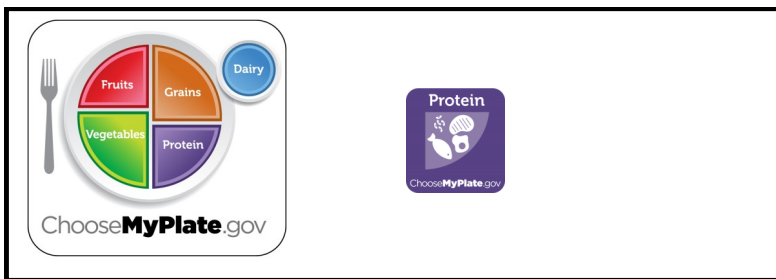
Second Harvest is an equal opportunity provider.



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