



# Peanut Sauce

Adapted from *EatFresh.org*



## Ingredients

- 1 cup creamy Peanut Butter
- 2 tablespoons Agave Syrup
- 2 tablespoons Tamari low-sodium or 2 tablespoons Soy Sauce low-sodium
- 1 tablespoon Chili Garlic Sauce
- 4 tablespoons Lime Juice



## Directions



Yield: 10 servings Serving size: 2 Tablespoons

1. Combine ingredients in a saucepan over low-medium heat.
2. Stir mixture well and heat until warm.
3. Taste for salt and acidity – add more lime and/or tamari to adjust. Thin with water as needed to reach desired consistency.

Visit [secondharvestkitchen.org](http://secondharvestkitchen.org) to find more recipes, free classes, and ways to get involved!



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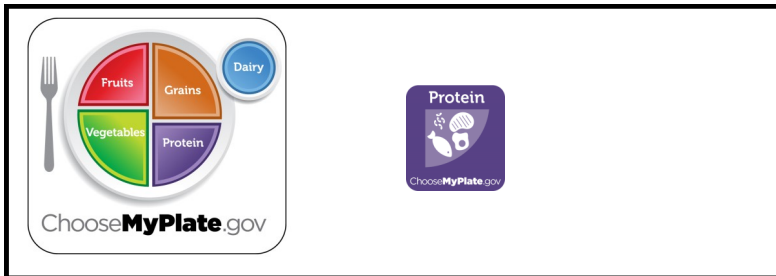
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# Fast Facts



## Featured Food Groups



## Cooking Tips



- Delicious as a dipping sauce for veggies.
- Honey or other sweetener can be substituted for the agave syrup.

## Nutrition Facts

Serving Size 2.00 tbsp  
 Serving Per Container 12

Amount Per Serving

**Calories 140**

% Daily Value\*

**Total Fat 11 g** 14%

Saturated Fat 2 g 10%

**Sodium 200 mg** 9%

**Total Carbohydrate 8 g** 3%

Dietary Fiber 1 g 4%

Sugars 2 g

**Protein 5 g**

\* Percent Daily Values are based on a 2,000 calorie diet.  
 Your daily values may be higher or lower depending on your calorie needs:

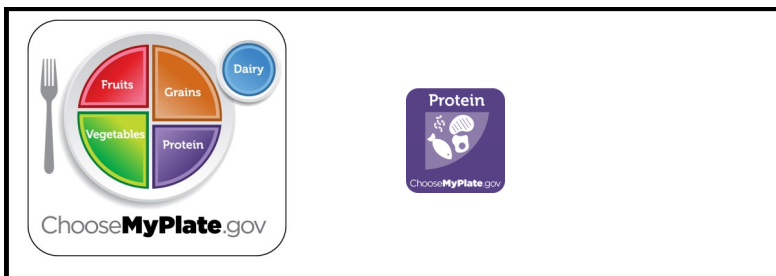
Second Harvest is an equal opportunity provider.



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