



# No Bake Granola Bites



## Ingredients



- 1 cup oats
- 2/3 cup coconut flakes
- 1/2 cup sun butter
- 1/2 cup chocolate chips
- 1/3 cup honey
- 1 tsp vanilla extract

Yield: 16 servings  
 Serving Size: 1 bite



## Directions



1. Mix all ingredients together in a medium bowl
2. Roll into bite-sized balls
3. Chill for half hour or until ready to serve

Visit [secondharvestkitchen.org](http://secondharvestkitchen.org) to find more recipes, free classes, and ways to get involved!



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# Fast Facts



This Recipe Provides



Cooking Tips

- Coconut flakes are optional
- Peanut or almond butter can also be used
- Try dried fruit instead of chocolate chips
- Agave can be substituted for honey

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Nutrition Facts



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16 servings per container	
<b>Serving size</b>	<b>1 Bite</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>130</b>
% Daily Value*	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 3g	<b>15%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 40mg	<b>2%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 10g	
Includes 8g Added Sugars	<b>16%</b>
<b>Protein</b> 3g	<b>6%</b>

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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