



No Bake Granola Bites



Ingredients



- 1 cup oats
- 1/2 cup peanut butter
- 1/4 cup chocolate chips
- 1/4 cup raisins
- 1 1/2 Tbsp. honey
- 1 tsp vanilla extract

Yield: 16 servings
 Serving Size: 1 bite



Directions



1. Mix all ingredients together in a medium bowl
2. Roll into bite-sized balls
3. Chill for half hour or until ready to serve

Estimated Price:
 16 servings = \$3.41
 1 bite = \$0.22

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



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Fast Facts



This Recipe Provides



Cooking Tips

- Try adding coconut flakes for extra flavor
- Peanut or almond butter can also be used
- Agave can be substituted for honey

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Nutrition Facts



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16 servings per container	
Serving size	1 Bite
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	7%
Total Sugars 10g	
Includes 8g Added Sugars	16%
Protein 3g	6%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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