



SNAP-Ed

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**\*\* FREE \*\***

# JULY COOKING CLASSES

Tuesdays 5:30pm-7:00pm

Thursdays 11:45am-1:15pm



**7/6**  
**Summer Fruits**



**7/11 & 7/13**  
**Tex Mex**



**7/18 & 7/20**  
**Kitchen Closed**

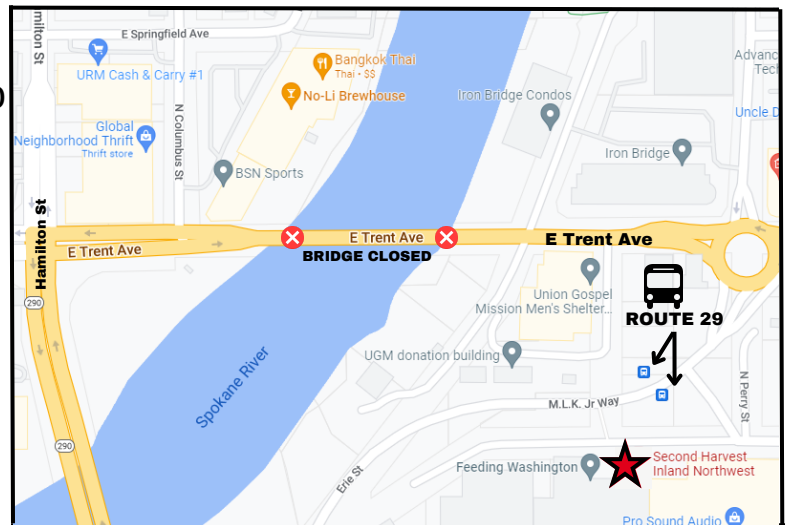


**7/25 & 7/27**  
**Snack Workshop**

Community Classes are **FREE** and open to the community, especially neighbors receiving food assistance.

*Includes free prepared meal and groceries.*

Classes held at: **Second Harvest**  
**1234 E. Front Ave, Spokane, WA 99202**  
Near Route 29 Bus Stop



**Registration required**

at <https://secondharvestkitchen.org/>

or call 509-252-6256



Persons with disabilities who require alternative means for communication or program information or reasonable accommodation, please contact us at least 48 hours before class' start time.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.

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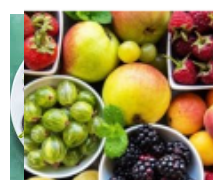


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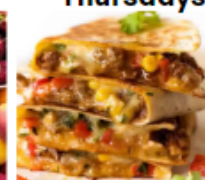
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