## Ingredients <br> 

- 1 cup oats
- 1 tsp vanilla extract
- $1 / 2$ cup peanut butter
- $3 / 4$ tsp cinnamon
- $1 / 4$ cup white chocolate chips
- $1 / 4$ cup cranberries
- $11 / 2$ Tbsp. honey
- Pinch of cloves, ginger and nutmeg

Yield: 16 servings
Serving Size: 1 bite


## Directions

1. Mix all ingredients together in a medium bowl
2. Roll into bite-sized balls
3. Chill for half hour or until ready to serve

Estimated Price:
Whole recipe $=\$ 3.41$
Per serving $=\$ 0.22$

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!


No Bake Granola Bites Holiday Edition!

Ingredients


- 1 cup oats
- $1 / 2$ cup peanut butter
- $1 / 4$ cup white chocolate chips
- $1 / 4$ cup cranberries
- $11 / 2 \mathrm{Tbsp}$. honey
- 1 tsp vanilla extract
- $3 / 4$ tsp cinnamon
- Pinch of cloves, ginger and nutmeg

Yield: 16 servings
Serving Size: 1 bite


## Directions

1. Mix all ingredients together in a medium bowl
2. Roll into bite-sized balls
3. Chill for half hour or until ready to serve

Estimated Price:
Whole recipe $=\$ 3.41$
Per serving $=\$ 0.22$


## Fast Facts

This Recipe Provides


## Cooking Tips



- Try adding coconut flakes for extra flavor
- Almond butter can also be used
- Agave can be substituted for honey

| Ner |  |
| :--- | ---: |
| 16 servings per container |  |
| Serving size | $\mathbf{1}$ bites |
| Amount Per Serving | \% Daily Value* |
| Calories | $\mathbf{6 \%}$ |
|  | $\mathbf{8 \%}$ |
| Total Fat 5 g |  |
| Saturated Fat 1.5 g | $\mathbf{0 \%}$ |
| Trans Fat 0 g | $\mathbf{0 \%}$ |
| Cholesterol 0 mg | $\mathbf{4 \%}$ |
| Sodium 10 mg | $\mathbf{4 \%}$ |
| Total Carbohydrate 11 g | $\mathbf{1 0 \%}$ |
| Dietary Fiber 1 g | $\mathbf{6 \%}$ |
| Total Sugars 6 g | $\mathbf{0 \%}$ |
| Includes 5 g Added Sugars | $2 \%$ |
| Protein 3 g | $\mathbf{2 \%}$ |
| Vitamin D 0 mcg | $\mathbf{2 \%}$ |
| Calcium 15.6 mg |  |
| Iron 0.4 mg |  |
| Potassium 77.5 mg |  |

The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!


Fast Facts


This Recipe Provides


## Cooking Tips



- Try adding coconut flakes for extra flavor
- Almond butter can also be used
- Agave can be substituted for honey

Nutrition Facts

| 16 servings per container |  |
| :--- | ---: |
| Serving size | $\mathbf{1}$ bites |
| Amount Per Serving |  |
| CalOries | \% Daily Value |
|  | $\mathbf{6 \%}$ |
| Total Fat 5 g | $\mathbf{8 \%}$ |
| Saturated Fat 1.5 g |  |
| Trans Fat 0g | $\mathbf{0 \%}$ |
| Cholesterol 0mg | $\mathbf{0 \%}$ |
| Sodium 10 mg | $\mathbf{4 \%}$ |
| Total Carbohydrate 11 g | $\mathbf{4 \%}$ |
| Dietary Fiber 1 g |  |
| Total Sugars 6 g | $\mathbf{1 0 \%}$ |
| Includes 5 g Added Sugars | $\mathbf{6 \%}$ |
| Protein 3 g | $\mathbf{0 \%}$ |
| Vitamin D 0mcg | $\mathbf{2 \%}$ |
| Calcium 15.6 mg | $\mathbf{2 \%}$ |
| Iron 0.4mg | $\mathbf{2 \%}$ |
| Potassium 77.5 mg |  |

