



# Devil's Food Cake Mix-Brownies



Adapted from *(The Kitchen at Second Harvest)*

## Ingredients



- 3 1/2 cups Devil's Food cake mix
- 2/3 cup oil
- 3/4 cup water



## Directions



Yield:    Serving size:

Total cost:    Serving cost:

- |   |               |               |                |
|---|---------------|---------------|----------------|
| <ol style="list-style-type: none"> <li>1. Mix everything together and whisk at least 100 times.</li> <li>2. Spray the bottom of a pan</li> <li>3. Bake at 350°</li> </ol> | Baking Times: |               |                |
|   | • 13X9        | 28-32 minutes | 12-16 servings |
|   | • 9X9         | 30-35 minutes | 8-12 servings  |
|   | • 8X8         | 45-55 minutes | 8-12 servings  |

Visit [secondharvestkitchen.org](http://secondharvestkitchen.org) to find more recipes, free classes, and ways to get involved!



# Devil's Food Cake Mix-Brownies



Adapted from *(The Kitchen at Second Harvest)*

## Ingredients



- 3 1/2 cups Devil's Food cake mix
- 2/3 cup oil
- 3/4 cup water



## Directions



Yield:    Serving size:

Total cost:    Serving cost:

- |   |               |               |                |
|---|---------------|---------------|----------------|
| <ol style="list-style-type: none"> <li>1. Mix everything together and whisk at least 100 times.</li> <li>2. Spray the bottom of a pan</li> <li>3. Bake at 350°</li> </ol> | Baking Times: |               |                |
|   | • 13X9        | 28-32 minutes | 12-16 servings |
|   | • 9X9         | 30-35 minutes | 8-12 servings  |
|   | • 8X8         | 45-55 minutes | 8-12 servings  |

Visit [secondharvestkitchen.org](http://secondharvestkitchen.org) to find more recipes, free classes, and ways to get involved!



# Fast Facts



## Featured Food Groups



## Cooking Tips



- Try adding walnuts for an extra crunch.
- Top with your favorite frosting.

\*Nutrition label based on prepared cake mix (oil and water added)\*

## Nutrition Facts

12 servings per container	
<b>Serving size</b>	<b>1 slice</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>230</b>
% Daily Value*	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 29g	<b>11%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 15g	
Includes 15g Added Sugars	<b>30%</b>
<b>Protein</b> 3g	<b>6%</b>
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.08mg	6%
Potassium 0mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

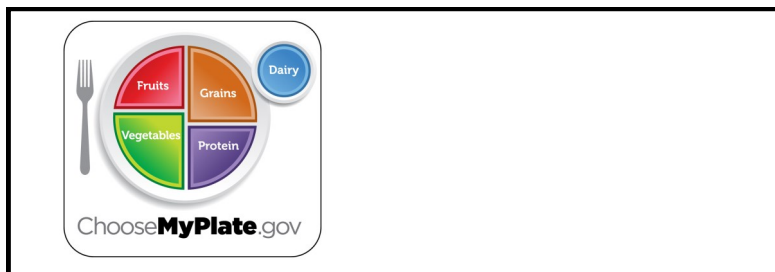
Second Harvest is an equal opportunity provider.



# Fast Facts



## Featured Food Groups



## Cooking Tips



- Try adding walnuts for an extra crunch.
- Top with your favorite frosting.

\*Nutrition label based on prepared cake mix (oil and water added)\*

## Nutrition Facts

12 servings per container	
<b>Serving size</b>	<b>1 slice</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>230</b>
% Daily Value*	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 29g	<b>11%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 15g	
Includes 15g Added Sugars	<b>30%</b>
<b>Protein</b> 3g	<b>6%</b>
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.08mg	6%
Potassium 0mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Second Harvest is an equal opportunity provider.