



Cranberry Sauce



Ingredients



- 3 cups fresh or frozen cranberries (1 12-oz. package)
- 1 cup sugar
- 1 cup water



Directions



Yield: about 2 cups **Serving Size:** 1/4 cup **Total cost:** \$3.35 **Serving cost:** \$0.42

1. Combine all ingredients in medium sauce pan over medium heat.
2. Bring to a boil, reduce heat and simmer 10-12 minutes uncovered.
3. Cool before serving to allow sauce to thicken.

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



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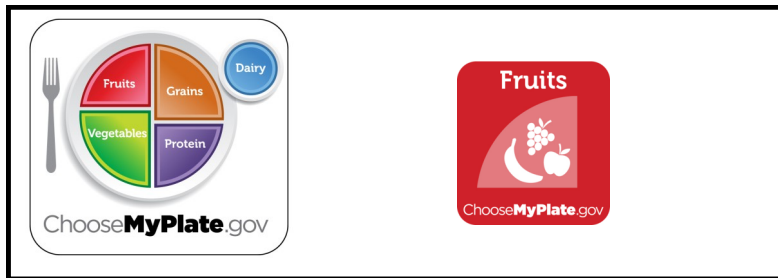
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Fast Facts



Featured Food Groups



Cooking Tips



- Substitute water for orange juice for a more citrusy flavor.
- Additional add ins: pecans, orange zest, currants, blueberries, cinnamon, nutmeg, allspice.

Nutrition Facts	
8 servings per container	
Serving size	1/4 cup
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 30g	11%
Dietary Fiber 2g	7%
Total Sugars 27g	
Includes 25g Added Sugars	50%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.18mg	0%
Potassium 47mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

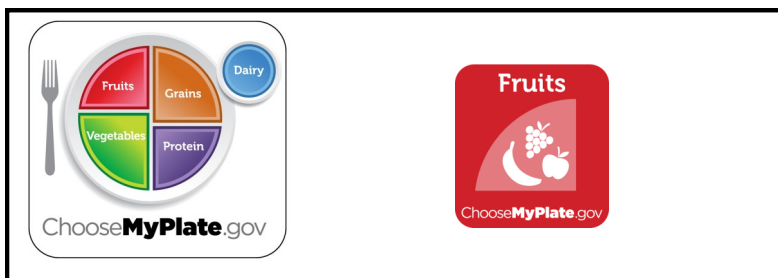
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