

## **Chocolate Caramels**

Adapted from Chef Laurent



• 2 cup sugar

- 1 1/2 cup light corn syrup
- 12 ounces unsweetened chocolate, or 1 bag of chocolate chips
- 2 cups heavy whipping cream
- Sea Salt for topping



### **Directions**



Yield: 45 pieces Serving size: 2 pieces

Total cost: Serving cost:

- 1. Line a 9x5 loaf pan, line with foil or parchment and spray.
- In a large heavy saucepan, bring the sugar, corn syrup, and cream to a boil and reduce heat to medium.
- 3. Using a candy thermometer continue to cook until the temperature reaches 242°. This may take 20-30 minutes.
- 4. Immediately add the chocolate chips and combine.
- 5. Pour into the pan. (do not scrape saucepan).
- 6. Sprinkle with Sea Salt.
- 7. Let stand until firm, about 5 hours or overnight.
- 8. Lift candy out of pan and cut into 1-inch squares.

Visit **secondharvestkitchen.org** to find more recipes, free classes, and ways to get involved!



## **Chocolate Caramels**

Adapted from Chef Laurent



• 2 cup sugar

- 1 1/2 cup light corn syrup
- 12 ounces unsweetened chocolate, or 1 bag of chocolate chips
- 2 cups heavy whipping cream
- Sea Salt for topping



#### **Directions**



Yield:

Serving size:

Total cost: Serving cost:

- Line a 9x5 loaf pan, line with foil or parchment and spray
- 2. In a large heavy saucepan, bring the sugar, corn syrup, and cream to a boil and reduce heat to medium.
- 3. Using a candy thermometer continue to cook until the temperature reaches 242°. This may take 20-30 minutes.
- 4. Immediately add the chocolate chips and combine.
- 5. Pour into the pan. (do not scrape saucepan).
- 6. Sprinkle with Sea Salt.
- 7. Let stand until firm, about 5 hours or overnight.
- 8. Lift candy out of pan and cut into 1-inch squares.

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



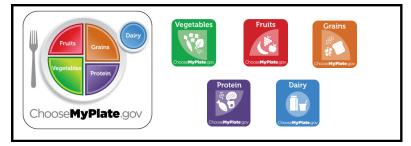
# **Fast Facts**



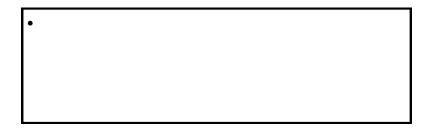


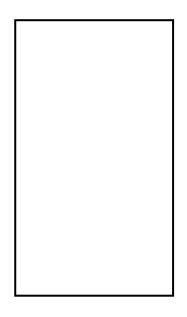






## Cooking Tips





Second Harvest is an equal opportunity provider.