



Buttermilk Biscuits

using *Buttermilk Biscuit Mix (ADM)*



Ingredients



- 1 1/2 cups Buttermilk Biscuit Mix
- 1/2 cup cold water

Yield: 12 Biscuits
 Serving Size: 1 Biscuit



Directions



1. Preheat oven to 450 degrees
2. Combine biscuit mix and water in medium mixing bowl.
3. Mix on low speed until the water is combined with the biscuit mix, then on medium speed for 1-2 minutes.
4. Knead the dough on floured surface until smooth and roll out to 1/2 inch thickness.
5. Cut out with desired size cutter. Place on lightly greased baking sheet.
6. Bake for 10 – 12 minutes. Enjoy!

Visit secondharvestkitchen.org to find more recipes, free classes, and ways to get involved!



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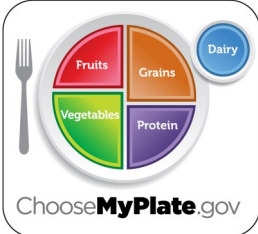

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Fast Facts



Featured Food Groups

Cooking Tips



- Serve warm and enjoy with butter, honey, or jam!
- Instead of butter, try spreading with olive oil and a sprinkle of salt and pepper.

Nutrition Facts

12 servings per container	
Serving size	1 Biscuit
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 1g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 0.36mg	2%
Potassium 47mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

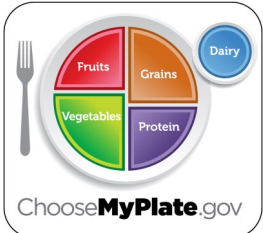
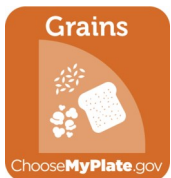
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