



# Balsamic Dressing



## Ingredients



- 1/4 cup olive oil
- 1/4 cup balsamic vinegar
- 1 Tbsp. maple syrup
- 1/4 tsp. salt

Yield: 4 servings  
Serving Size: 2 Tbsp.



## Directions



1. Pour all ingredients in a bowl and whisk to combine.

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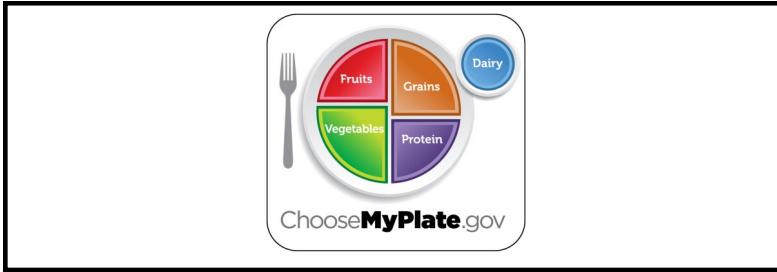
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# Fast Facts



## Featured Food Groups



## Cooking Tips

- Use honey if maple syrup is not available.

## Nutrition Facts



<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	<b>2 Tablespoons</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 2g	<b>10%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 10g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 150mg	<b>7%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 6g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 0g	<b>0%</b>
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0.18mg	0%
Potassium 47mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

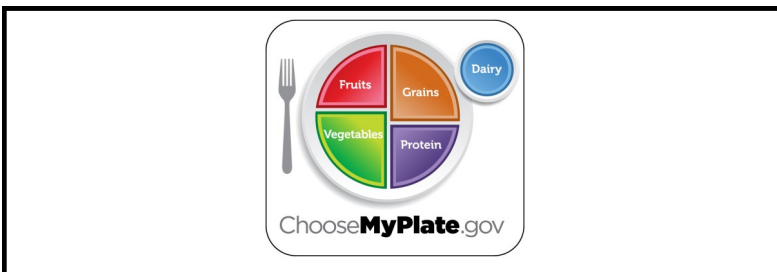
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